



Summer Institute for School Nursing

Virginia Department of Education

July 9- 13, 2017
Longwood University
Farmville, Virginia

Virginia Department of Education
Office of Student Services
Co-hosted by
The Virginia Association of School Nurses

The mission of the Summer Institute for School Nursing is to foster evidence-based practice in the school setting and promote competency in school nursing practice. The conference is appropriate for school nurses, school nurse coordinators, and supervisors of health services.

Pre-Conference Session, Sunday, July 9, 2017		
12:30 p.m. - 1:30 p.m.	Check-in	Lankford Student Union
2:00 p.m. - 5:15 p.m.	<p>Fundamentals of School Nursing - Part I <i>Tia Campbell and Becky Cooper</i></p> <p>This session will enable you to list at least 3 roles of the school nurse, verbalize the advantages of school nurse involvement in the school community, and learn at least four resources used by school nurses. You will also be able to describe school health entry requirements in Virginia public schools and outline the process for identifying students for Special Education.</p> <p>Framework for School Nurse Coordinating Practice – Part I <i>Kathy Whitby</i></p> <p>This session will enable you to verbalize characteristics of the role of a successful leader to include how evidence based research can be used to enhance the role and discuss program areas of the school nurse coordinator practice.</p>	Chichester G-12
5:15 p.m.	Dinner on your own	
Pre-Conference Session, Monday, Morning, July 10, 2017		
7:15 a.m. -8:15 a.m.	Breakfast	
8:30 a.m. -12:00 p.m.	<p>Fundamentals of School Nursing – Part II</p> <p>Framework for School Nurse Coordinating Practice – Part II</p>	Chichester G-12 Chichester G-02
12:00 p.m. -1:00 p.m.	Lunch	Dorrill Dining Hall

General Conference, Monday, Afternoon, July 10, 2017		
10:00 a.m. - noon	Participant Check-in/eat prior to arrival	Lankford Student Union
1:00 p.m. - 5:15 p.m.	<p>General Session</p> <ul style="list-style-type: none"> • Welcome, <i>Tracy White, VDOE School Health Specialist</i> • Board of Nursing Update, <i>Jay Douglas</i> VDOE Leadership, <i>TBD</i> • Public Health Update, <i>Dr. Marissa Levine</i> • School Health Update , <i>Tracy White</i> • Keynote - 21st Century Nurse Framework, <i>TBD</i> 	Jarman Auditorium
5:30 p.m. - 6:30 p.m.	Dinner	Dorrill Dining Hall
Open until 8:00 p.m.	Longwood Health and Fitness Center	

General Conference, Tuesday, July 11, 2017		
7:15 a.m. - 8:15 a.m.	Breakfast	Dorrill Dining Hall
8:20 a.m. - 8:45 a.m.	Welcome and World Café instructions	Jarman Auditorium
9:00 a.m. - 10:00 a.m.	<u>Focused Networking Sessions:</u> <ul style="list-style-type: none"> • Elementary meets in Lee Grand • Middle meets in Blackwell Ballroom A • High School meets in Blackwell Ballroom B • Private School Nurses meet in Blackwell Ballroom C • Administration meets in Maugans, Virginia Room 106 (just outside Blackwell Ballroom) 	
Breakout Session # 1 10:20am-11:50am	1.1 Diabetes, Basic, <i>Jackie McMagimen</i>	Blackwell Ballroom A
	1.2 Diabetes, Advanced, <i>Heather Mulvaney</i>	Blackwell Ballroom B
	1.3 Human Trafficking, <i>Edward Ryan</i>	Ruffner 115
	1.4 Seizure Management/ Diastat Use, <i>Cathy O'Hara</i>	Ruffner 116
	1.5 Catheters: All you needed to know...and more!, <i>Tammy Clamann</i>	Ruffner 250
	1.6 Documentation: Evaluating Nursing Process, <i>Barbara Nowak</i>	Ruffner G 56
11:50 a.m. -1:30 p.m.	Lunchtime Vendor Visit	Blackwell Ballroom Foyer
	INSULIN PUMP 'PETTING ZOO'	Lee Grand connects with Dorrill Dining Hall
12:00 p.m. -1:00 p.m.	Lunch	Dorrill Dining Hall
Breakout Session # 2 1:30 p.m. - 3:00 p.m.	Repeat of Breakout Session 1 <i>(session descriptions)</i>	
WORLD CAFÉ Group A 3:15 p.m. - 4:30 p.m. Group B Vendor Fair	Medicaid Billing in Schools <i>Amy Edwards</i>	Ruffner 115
	Focus on SPED/Chronic Illness; NASN: Step Up and Be Counted, <i>Janet Wright</i>	Ruffner 116
	Wellness: Who's taking care of YOU?, <i>Rachel Bulifant</i>	Ruffner 250
	Trauma Informed Care, <i>Vickie Southall</i>	Ruffner 254

	Stop the Bleed, <i>Johnston Willis Hospital</i> Attending National Conference: Why not you?, <i>Patricia Knox</i>	Blackwell Ballroom A Blackwell Ballroom C
World Café 4:35 p.m. - 5:40 p.m.	Group A moves <u>from</u> World Café <u>to</u> Vendor Fair Group B moves <u>from</u> Vendor Fair at Blackwell Ballroom Foyer <u>to</u> World Café	Blackwell Ballroom Foyer
5:45 p.m. - 6:30 p.m.	Dinner	Dorrill Dining Hall
6:00 p.m.	VASN Reception, <i>Nance</i>	
<i>General Conference, Wednesday Morning, July 12, 2017</i>		
7:15 a.m. - 8:30 a.m.	Breakfast	Dorrill Dining Hall
Breakout Session # 3 8:45am-10:15am	(<i>see page 7 for session descriptions</i>) 3.1 Autism, <i>Daniel Irwin</i> 3.2 Documentation, <i>Barbara Nowak</i> 3.3 School Nurses Caring for the Unique Needs and Healthy Social Development of LGBTQ Youth, <i>Charles Dyson</i> 3.4 Family Life Basics, <i>FLE Educators</i> 3.5 504 Plans, <i>Holly Sheffield</i> 3.6 You did what? Tattoo Care, <i>TBD</i>	Ruffner 115 Blackwell Ballroom A Ruffner 116 Ruffner 250 Ruffner 254 Blackwell Ballroom C
Breakout Session #4 10:30 a.m. -12:00 p.m.	Repeat of Breakout Session # 3	
1200 p.m. -.1:00 p.m.	<ul style="list-style-type: none"> Evaluation Collection/Certificate Distribution Check-out 	Lankford

Important Reminders about Longwood University

Please note that Longwood University is **not** a barrier free environment. If you have any questions about access and/or accommodations, contact the Director of Disability Resources, at 434-395-2391. Costs related to accommodations will be assumed by the participant and **MUST** be pre-arranged. Please note a great deal of walking in hot, humid conditions is necessary during the conference. The SISN conference staff is not able to make accommodations on site.

The University passed a tobacco-free policy effective June 1, 2008.

The Longwood University Health and Fitness Center will be open for conference participants Monday and Tuesday evenings until 8:00 p.m. at no additional cost.

We will have complimentary Shentel wireless internet in the residence halls (no password required). In the academic buildings there will be free LancerNetVisitor wireless network available. Participants would just need to type in their valid email address to access it.

<i>Breakout Session # 1</i>	<i>Breakout Session # 2</i>
<i>10:20 a.m. to 11:50 am</i>	<i>10:20 a.m. to 11:50 am</i>

Diabetes – Basics, Level 1

At the conclusion of this session participants should be able to:

- describe the difference between type 1 and type 2 diabetes
- identify differences in care of Type 1 and Type 2 Diabetes during the school day
- describe the proper treatment for both hypo/hyperglycemia in the school setting
- Identify various resources available to assist in the care of diabetes in the school setting including care plans.

Diabetes – Advanced, Levels 2 and 3

At the conclusion of this session participants should be able to:

- list available resources for assistance with carb counting in the school setting
- verbalize a general understanding of the basic mechanics of different brands of insulin pumps
- Describe proper treatment for both hypo/hyperglycemia in Insulin Pump Therapy.

Human Trafficking

At the conclusion of this session participants should be able to:

- Describe extent of human trafficking local and national domestic minor sex trafficking (DMST)
- Identify the signs that a patient may be a potential victim of DMST
- Identify steps a school nurse would take if a students is suspected of being a human trafficking victim

Seizure and Diastat use

At the conclusion of this session, participants will be able:

- Describe what seizure activity is and identify characteristics of specific seizures
- Identify Diastat and other medication(s) used to control seizure activity in the school setting
- Discuss available resources within community to assist families and providers in the care of children with seizure disorder
- Discuss importance of creating/updating student health care plan.

Urinary catheters: All you needed to know...and more!

At the conclusion of the session participants will be able to:

- Identify types of catheters (indwelling, supra-pubic, straight catheters) used in a school setting.
- Describe infection control techniques associated with catheters.
- Discuss how new technology in catheters assists students in self-care and independence

Documentation

At the conclusion of this session participants should be able to:

- discuss elements of appropriate documentation in the school setting, including models/methods, electronic documentation, and privacy implications.
- define NANDA Nursing Diagnoses
- discuss strategies to improve documentation process

<i>Breakout Session # 3</i>	<i>Breakout Session # 4</i>
<i>8:45 am-10:15 am</i>	<i>10:30 a.m. to 12:00 Noon</i>

Autism

At the conclusion of the session participants will be able to:

- discuss current issues related to students with autism
- describe strategies for effective communication with learners with autism.
- describe strategies with increasing success with medication administration and other routines.

Trauma Sensitive Schools

At the conclusion of this session participants should be able:

- Gain an understanding of how adverse childhood experiences such as poverty, community violence, and abuse impact a child's learning, behavior, and relationships at schools;
- Understand the attributes of trauma-sensitive schools and explore a framework for the provision of trauma sensitive support and services in schools
- Understand the role of school nurses in creating and advocating for trauma-sensitive schools and practices
- Learn trauma-informed responses to support vulnerable student populations

Implementing Section 504 in the School Setting

At the conclusion of the session participants will be able to discuss:

- steps in the 504 eligibility processes to include identification/referral, evaluation, determination of eligibility,
- development of 504 Plan, and reevaluation.
- identify two specific roles of the school nurse in the 504 eligibility process.

School Nurses Caring for the Unique Needs and Healthy Social Development of LGBTQ Youth

At the conclusion of the session participants will be able to:

- verbalize appropriate use of the terms describing the unique needs and the healthy social development of LGBTQ youth
- compare and contrast physical, mental, and social health risks that are higher for sexual minority youth than their heterosexual peers
- discuss the role of the school nurse to recognize health risks that are disproportionately higher for sexual minority students, provide health services that are safe, private, and confidential and make referrals for evidence-based care.
- identify and advocate for policies in the school environment to assure physical, psychological and social safety of sexual minority students and students with gay and lesbian parents.

Family Life Basics

At the conclusion of this session participants should be able to:

- discuss age appropriate teaching strategies
- discuss relevant content relative to local school board guidelines for teaching Family Life Curriculum
- Identify available health resources that can aide the school nurse in guiding classroom discussion.

You did what? Tattoo Care

- Describe how a new tattoo should look on the skin
- Describe how the dermis can react to ink, puncture and improper tattooing techniques
- How to provide care for/protect newly tattooed skin.

2017 Summer Institute for School Nurses

Post Conference, Wednesday Afternoon, July 12, 2017		
12 p.m. - 1 p.m.	Lunch- <i>for those attending Post Conference Sessions</i>	Dorrill Dining Hall
Post-Conference Tracks/Sessions		
1:15 p.m.- 5:30 p.m.	<p>Youth Mental Health First Aid Youth Mental Health First Aid is a 8-hour training course designed to give members of the public key skills to help an adolescent who is developing a mental health problem or experiencing a mental health crisis. The 8-hour course covers a range of common disorders and potential crises such as helping a young person who is having a panic attack, is contemplating suicide or is struggling with substance abuse.</p>	Chichester 02
2:00 p.m.- 5:15 p.m.	<p>Physical Assessment for the School Nurse- Registered Nurses only At the conclusion of the session, participants will be able to describe the four basic techniques of a head to toe physical assessment of the school age child, and differentiate abnormal from normal physical assessment findings. Also they will be able to demonstrate a head-to-toe assessment of the school age child.</p> <p>(FLE) Sexual Education: The Basics At the conclusion of the session, participants will be able to list at least four components of human sexuality and identify two of their own personal attitudes or values related to adolescent sexuality. They will also be able to describe the philosophy of comprehensive sexuality education.</p> <p>(FLE) Effective Family Life Education Teaching Strategies At the conclusion of the session, participants will be able to list five characteristics of effective sexuality/FLE education programs and describe four strategies for creating a psychologically safe and comfortable learning environment in the classroom. They will also be able to distinguish between effective and ineffective teaching methods for sexuality/FLE education and demonstrate increased comfort in answering sensitive/difficult questions</p>	<p>Nursing Lab</p> <p>Chichester 03</p> <p>Chichester 12</p>
5:30 p.m. - 6:30 p.m.	Dinner-	Dorrill Dining Hall
Thursday Morning, July 13, 2017		
7:30 a.m. - 8:30 a.m.	Breakfast	Dorrill Dining Hall
8:15 a.m. - 12:30 p.m.	Youth Mental Health First Aid-cont'd	
8:45 a.m. - 12 p.m.	Physical Assessment for the School Nurse-cont'd (FLE) Sexual Education: The Basics-cont'd	

2017 Summer Institute for School Nurses

Repeat same room	(FLE) Effective Family Life Education Teaching Strategies-cont'd
12:30 p.m. - 1:00 p.m.	Evaluation Collection/Certificate Distribution/Check-out Lankford Hall